Dear Child and Parent:

I am writing to invite you to participate with me in a very exciting adventure. I am wondering if you would like to help me write a chapter in my book, And A Little Child Shall Lead Them, Children's Stories of Trauma and Hope that will be published. The book will include your story, your words, drawings and art work that you will share with me. The book is an opportunity for you to use your voice to help other children heal and recover just like you have from the bad, sad, scary things that have happened to you. Many children ask me if I know of anyone else who has been through bad, sad, scary things and of course, I tell them 'yes'. However, this book will let you tell them in your own words, your own printing with your drawings and art work so they too can be brave, tell their story and heal from the bad, sad, scary things and have a happy life.

Many children have also told me they feel adults don't really understand all they have been through. This book will help adults hear your own words so they can better understand. When adults know better, they can be more supportive.

I am hoping you and your Mom/Dad will be in touch with me so we can all meet together to discuss in more detail your participation in the book. There will be no information shared in the book that would identify you personally for your own safety and protection. If after we meet, you decide not to participate, that's okay.

I hope you are as excited as I am about this book as I know of no other book like this that has ever been written. It is your voice that needs to be heard so this is an opportunity to let your life speak!!!

Please call me at 902-233-8305 or e-mail me at: shireenvsinger@gmail.com if you are interested in participating and would like to receive more information. I am looking forward to hearing from you!

Shireen V. Singer, MSW, RSW, SEP
Clinical Therapist