R E S U M E

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Bachelor of Arts (1976)
Double Major: Sociology and Psychology
Mount Saint Vincent University
Halifax, Nova Scotia

Masters of Social Work (1979)
Speciality: Individuals, Families, Groups
Dalhousie University
Halifax, Nova Scotia

Ongoing Learning Program Certificate (1982)
Dr. Carl Rogers & Associates
Centre for Studies of the Person
La Jolla, California

Certified Gestalt Therapist Training Program (1982)
San Diego Gestalt Therapy Institute
Drs. Miriam & Irving Polster
La Jolla, California

Certified Family Therapist Training Program (1982)
Virginia Satir, MSW, & Avanta Network
Crested Butte, Colorodo

Organizational Consultant Training Program (1982)
Centre for Studies of the Person
La Jolla, California

Structured Psychotherapy for Adolescents (2012)
Recovering from Chronic Stress Trainer
Certification, Dr. Mandy Habib and Dr. Victor
Lebrun, Halifax, NS

Somatic Experiencing Practitioner (2023)
Somatic Experiencing Trauma Institute
Boulder, Colorado

Global Celebration School of Supernatural Ministry (2026)
Pennsylvania, US

Professional Membership:

Nova Scotia College of Social Workers, Reg. #0433 (2025-2026)
Somatic Experiencing International (2025-2026)
Nova Scotia College of Social Workers Board of Examiners (2017-2023)
Inter-agency Committee for Domestic Violence (2013-2023)
Trauma Informed Care Assessment and Treatment Committee, IWK Health (2017-2024)
Seastar Child and Youth Advocacy Centre Advisory Committee (2013-2024)
The Atlantic Christian Ashram Board of Directors (2020-2026)

PROFESSIONAL DEVELOPMENT:

1979

- Assertiveness Training, Halifax, NS
- Sexuality and the Family, Halifax, NS
- Human Relations in Business, Dartmouth, NS

1980

- Child Abuse, Digby, Nova Scotia
- Therapy With Single Parent Families, Ackerman Institute for Family Therapy, New York

1981

- Personal Issues, Dr. Carl Rogers, Centre for Studies of the Person, La Jolla, California
- Therapeutic Community, Dr. Maxwell Jones, Wolfville, NS
- Person Centered Gestalt Therapy, Drs. Maureen Miller and Dr. John Wood, Centre for Studies of the Person, La Jolla, California
- Loving Oneself, Dr. Maria Bowen and Pamela Hall, Centre for Studies of the Person, La Jolla, California

1982

- Dream Analysis, Center for Jungian Studies, San Diego, California
- Two Humanists – Two Generations, Dr. Carl Rogers and Marilyn Ferguson, Sand Diego, California

1984

- Healing of Relationships, Rev. Dr. Francis MacNutt, La Jolla, California

1985

- Neuro-Linguistic Programming, Halifax, NS

1986

- Nurturing Program, Dr. Stephen J. Bavolek, Dartmouth, Nova Scotia

1987

- Healing Conference, Dennis & Matthew Linn, S.J., Sackville, NB
- Leadership Training Program, Rev. Dr. Fullam, Darien, Connecticut

1989

- Addictions & the Dysfunctional Family, Francis & Judith MacNutt, Jacksonville, Florida

1990

- Adolescence in the Family, Family Therapy Institute of Washington, Jay Haley, Halifax, NS

1991

- Adolescence and Pro-Social Skills, Halifax, NS

1992

- When Bad Things Happen to Good People, Rabbi Harold S. Kushner, Halifax, NS

1993

- The Road Less Travelled, Dr. M. Scott Peck, Halifax, NS

1994

- Conflict & Violence: Causes & Responses, Halifax, NS
- Kids Are Worth It, Barbara Colorosa, Halifax, NS

1995

- Healing the Spirit From Sexual Abuse, Kentville, NS

1996

- Youth, Violence and Aggression, Dr. Arnold P. Goldstein, Halifax, NS

1997

- Suicide Prevention, Halifax, Nova Scotia
- Understanding & Treating Male Victims Of Violence/Abuse, Dr. Fred Matthews, Halifax, NS

1998

- Mercy: Healing the Heroin Addict, Jackie Pullenger To, St. John, NB
- Creating Connection: Emotion Focused Therapy, Dr. Susan Johnson, Halifax, NS

1999

- Reaching Kids in the 21st Century and Beyond, Rev. Bill Wilson, Halifax, NS
- Post Traumatic Stress Disorder, Dr. Janice Howes, Halifax, NS
- Parenting Kids With Wit and Wisdom Through Chaos & Loss, Barbara Colorosa, Halifax, NS

2000

- Family Violence, Dr. Peter Jaffe, Halifax, NS
- Assessment & Treatment of PTSD, Drs. Friedman, Foy & Litz, Halifax, NS

2001

- Complicated Bereavement, Dr. Therese Rando, Halifax, NS

2002

- DSM IV-TR Diagnostic Manuel, Dr. Judith Levine, Truro, NS
- Angry All The Time, Dr. Ronald Potter-Efron, Halifax, NS
- The Bully, Bullied and Bystander, Barbara Colorosa, Halifax, NS

- Seven Strategies of Master Negotiators, Dr. Brad McRae, Halifax, NS
- Treatment of Trauma and PTSD, Dr. John Briere, Charlottetown, PEI

2005

- Treatment of Sexual Addiction, Dr. Patrick Carnes, Moncton, NB
- Munchausen By Proxy Maltreatment, Louise Lasher, MSW, RSW Bridgewater, NS

2006

- Living With Mental Illness, Sydney, NS

2007

- Provincial Adult Protection Training, Halifax, NS

2008

- Federal Correctional Service Training, Moncton, NB
- Living With Mental Illness, Sydney, NS
- Supporting Success, Correctional Service Canada, Moncton, NB

2009

- Seeking Social Justice: Aboriginal Encounters with the Justice System, Halifax, NS
- Creating Female Youth Responsive Environments, Dr. Stephanie Covington, Halifax, NS
- Opiate Dependence, Moncton, NB
- Canadian Centre on Substance Abuse National Conference, Halifax, NS

2010

- San Diego International Conference on Child and Family Maltreatment, Trauma Through The Eyes of Infants and Young Children: A Mental Health Symposium, San Diego, California, USA
- Building Bridges: Strengthening Outcomes for At Risk Youth, Halifax, NS
- Secondary Trauma, Dr. Gail Andrew, Antigonish, NS
- Trauma Focused Cognitive Behaviour Therapy, Dr. Esther Deblinger, Halifax, NS

- Sensory Integration Tools for Pre Teen and Teens, Diana Henry, MS, OTR/L Halifax, NS

2011

- International Conference on Child and Family Maltreatment, San Diego, California, USA
- Child Advocacy Centers Knowledge Exchange, Ottawa, ON
- Boys Hurt Too: Male Sexual Abuse, Mike Lew, M.E., Charlottetown, PEI
- Manhood and Violence, Dr. Jackson Katz, Halifax, NS
- Level B Testing, IWK Health Center, Halifax, NS
- Fundamentals of Research Design, Drs. Jill Hatchette and Krista Ritchie IWK Health Centre, Halifax, NS
- The Future of Mental Health Care, Halifax, NS
- Neurodevelopmental Disorders in the Home, Community and in The Classroom, Dr. Ross W. Greene, PHD, Bedford, NS

Webinars:

National Child Traumatic Stress Network, Los Angeles, California, USA

- Research Opportunities in Mental Health Service for Children and Youth
- Fetal Alcohol Spectrum Disorder
- Components of Family Informed Trauma Treatment
- Evaluating Families Impacted by Trauma
- Who Are The Young Children in Foster Care? What Critical Points Must be Kept in Mind When Addressing Their Needs?
- The Impact of Trauma and the Experience of Young Children in the Child Welfare System
- Issues of Attachment for Young Traumatized Children and Their Caregivers
- Cultural Considerations for Young Children in Foster Care
- Child Neglect and the Developing Brain

2012

- San Diego International Conference On Child and Family Maltreatment, San Diego, California, USA
- Change is Possible: Innovative Community Responses to Domestic Violence, Halifax, NS
- Parental Alienation, Dr. Barbara Jo Fidler, Moncton, NB
- High Conflict Training, Dr. Rachael Birnbaum, Halifax, NS

- Breaking the Silence: Youth and Elders Connect To Challenge Family Violence In Black Communities, Dartmouth, NS

Webinars:

National Child Traumatic Stress Network, Los Angeles, California, USA

- Therapeutic Interventions for Young Foster Children and Their Caregivers
- Developmental and Medical Issues for Young Foster Care Children
- Screening and Assessment for Trauma in the Child Welfare Setting
- Emotional Challenges and Self-Care For Those Working With Young Traumatized Children
- From Childhood Maltreatment to Juvenile Delinquency: Trajectories of Crossover Youth and the Role of Trauma
- Trauma Screening and Assessment Measures for Child Welfare
- The Application of Trauma Screening/Assessment in Child Welfare Settings: Part II Direct Level
- Understanding and Treating Caregiver Substance Abuse and Trauma: A Focus On The Family

2013

- San Diego International Conference on Child & Family Maltreatment, San Diego, California, USA
- Maritime Custody Evaluation, Dept. Of Justice, Moncton, New Brunswick
- An Interpersonal Neurobiology Perspective On Trauma, Child Development and Well Being: Integrating 'Me' with 'We', Dr. Dan Siegel, Charlottetown, PEI

Webinar

- Painful Emotions: The Clinical Treatment of Anger and Shame, Dr. Ronald Efron-Potter, PHD

2014

- San Diego International Conference on Child and Family Maltreatment, San Diego, California, USA
- The Typology of Domestic Violence, Dr. Michael Johnson, Dartmouth, NS

- Abuse & Trauma: Understanding Substance Use and Mental Health Problems In A Trauma Framework, Dr. Lori Haskill, Halifax, NS
- Responding to Child and Youth Maltreatment: Collaboration, Coordination, and Compassion, Halifax, NS

Webinars:

2015

- Expressive Art Therapy, Trauma Loss Centre
- Treating Violence as a Contagious Disease: The Role of the Health Care Provider
- Youth Engagement and Technology
- Extraordinary Social Work: An Exceptional Practice in Health Care, Dr. Alan McLuckie, Halifax, NS
- Popping The Bubble Wrap: Liberating Play in a Risk Averse Society, Tim Gill, Halifax, NS
- Family Based Treatment for Adolescent Anorexia Nervosa, Dr. James Lock, Halifax, NS
- Working with Addicted Survivors of Trauma: Substance Abuse, Eating Disorders, Sex Addiction, Compulsive Self Harm, Dr. Janina Fisher, Charlottetown, PEI
- Implicit Communication, Attachment and Trauma: A Sensorimotor Psychotherapy Perspective, Dr. Pat Ogden, Charlottetown, PEI

2016

- Working with Traumatized Children and Youth, Dr. Bruce Perry, St. John, NB
- Complex Developmental Trauma. Dr. Joseph Spinazzola, Dartmouth, NS

2017

- Sexualized Human Trafficking & Exploitation, Yarmouth, NS

Webinars:

- Adolescent Substance Use Screening and Brief Intervention & Referral to Treatment (SBIRT), May 2017
- When Problem Behaviors Happens for Children and Youth with Special Needs: The Role of the Board Certified Behavior Analyst, CPRI, 2017
- Practical Psychopharmacology for More Complex Mental Health Presentations: Part I, Stimulants, CPRI, 2017
- The Healing Power of Anger, EFFT, Mental Health Foundations, 2017

2018

- San Diego International Child and Family Maltreatment Conference, San Diego, California, USA
- The Canadian National Domestic Violence Conference, Halifax, NS
- Multi-Disciplinary Perspectives in Child and Youth Maltreatment: Current Emergent Issues, Halifax, NS
- Diverse Voices Family Violence Conference, Edmonton, AB
- Restorative Conversations 2018, Halifax, NS
- Attachment, Regulation, Competency (ARC), Dr. Joseph Spinazzola, Halifax, NS
- Social Work Ethics Training, Dr. Merlinda Weinberg, Dalhousie University, Halifax, NS

Webinars:

- Practical Skills for Working with Clients Who Are Angry, National Institute for the Clinical Application of Behavioral Medicine 2018
- 9 Ways to Work with Clients who Blame, National Institute for the Clinical Application of Behavioral Medicine, 2018
- Developing Trauma Informed Partnerships with Schools, Midwest Regional Children's Advocacy Center, 2018

2019

- Pathways to Justice, St. Mary's University, Halifax, NS
- Somatic Experiencing Level I, Somatic Experiencing Institute, Halifax, NS

Webinar:

- Working with and Understanding High Conflict Separated Families: Challenges and Opportunities, Boost CYAC

2020

- Somatic Experiencing Level II, Somatic Experiencing Institute, Halifax, NS
- Culturally Responsive Field Supervision, Dalhousie University, Halifax, NS
- Factors Influencing Civil Protection Order Completion Among Female Domestic Violence Victims in Central Ohio, St. Mary's University, Halifax, NS
- Child Abuse During the Pandemic, American Professional Society Abuse Children (APSAC)

- Child Trauma Assessment in the Age of Covid 19 and Telehealth Best Practice: Guidelines for the UCLA PTSD Reaction Index for DSM5, Community Research
- The Shadow Pandemic: Domestic Violence Responses During Covid 19, Canadian Pediatric Society
- Understanding and Addressing Hopelessness and Helplessness, Sensorimotor Psychotherapy, Dr. Pat Odgen
- Gender Based Violence and Covid 19: Strengthening Our Response
- Commercial and Sexual Exploitation of Children and Youth in Nova Scotia
- How Trauma Affects the Black Community, Dr. Jamila Holcomb
- Re-imaging Justice: Atlantic Canada Action Committee Regional Collegiate Series
- Responding to Domestic Violence in Nova Scotia: Is It Possible to Re-build Hope
- Bridging the Gap Between the Needs of Survivors of Domestic Violence and the Realities of Family Court, Centre for Research and Education On Violence Against Women and Children
- What is Racial Trauma? Understanding How Trauma Affects the Black Community, Dr. Jamila Holcomb, PhD., LMFT, Florida State University

2021

- Somatic Experiencing Level III, Somatic Experiencing Institute, Halifax, NS

Webinars:

- Working with and Understanding High Conflict Separated Families: Challenges and Opportunities, Boost CYAC
- Solution Focused Brief Therapy with Clients Managing Trauma
- Moving Towards Enforceable Rights for Victims of Crime In Canada, Heidi Illingworth, Federal Ombudsman
- Shaping the Future of Virtual Mental Health Care For 2021 and Beyond, Daniel Z. Buchman, PHD, RSW, Centre for Addiction and Mental Health
- Why Can't Everyone Just Get Along? How BC's Family Law System Puts Survivors in Danger, Rise Women's Legal Centre
- The Misuse of Alienation in Domestic Violence Cases in Family Court: Helping Court Related Professionals to Sort Through Conflicting Allegations, Dr. Peter Jaffe
- The Pandemic and Family Justice: Unequal Outcomes and Lack of Access to Justice
- Victims of Crime: Uproot Systemic Racism and Uphold Victim Right
- Self-Represented Litigants and Family Violence: Making a Difficult Experience Even Worse

- The Intersection of Intimate Partner Violence and Child Maltreatment, American Professional Society Abuse Children (APSAC)
- Protecting Children from Domestic Violence: It Takes the Whole Village, Dr. Peter Jaffe

2022

- Somatic Experiencing Advanced I, Somatic Experiencing Institute, Halifax, NS
- Somatic Experiencing Advanced II, Somatic Experiencing Institute, Ottawa, ON

2023

- Nova Scotia College of Social Workers: The Ethics of Allyship

2024

- Dr. Gabor Mate, Halifax, NS

Webinars:

- Day After Day: Promoting Healthy Masculinity During Covid, David Garzon, Western University
- Indigenous Perspectives on Healing from PTSD, Dr. Patricia June Vickers, Western University
- DSM5: The Black Way Anxiety Disorders, Dr. Patrice N. Douglas, Empire Counseling Consultation
- Recognizing Critical Expertise: A Knowledge and Skills Framework for Intimate Partner Violence Specialists, Dr. Katrina Scott and Dr. Linda Baker, Western Center for Research and Education on Violence Against Women and Children, Western University
- How To Write, Review and Edit for Child Maltreatment, Vincent J. Palusci, MD, Kathryn Maguire-Jack, MSW, MPA, PHD, Gia Barboza-Salerno, American Professional Society of Abuse of Children (APSAC)
- Legal Resources for Victims of Intimate Partner Violence, NS Legal Information Society
- Unraveling the Complexities of Domestic Violence and Criminalization in Black Women, Dr. Patrina Duhaney
- Ethics and Burn Out, NS College of Social Workers
- Recognizing Litigation Abuse as a Form of Family Violence: Understanding the Concept and Potential Harm, Western University
- Intentionally Marginalized Communities: The Violence We See in Relationship and Family Systems in Canada, Western University

- Indigenous Child Health: Exploring the Aboriginal Children's Hurt and Healing Initiative and the First Approach
- The Trauma of Racism: The Unique Psychological Toll of Racism and How to Work With It, National Institute For the Clinical Application of Behavioral Medicine
- Navigating Boundaries and Ethics, Nova Scotia College of Social Workers
- Clinical Implications Of Attachment Work, Dr. Diane Poole Heller and David Wallin, Trauma Solutions

Webinars 2024

- UN Special Report on Parental Alienation and Implications for Canada, Western University Centre for Research and Education on Violence Against Women and Children
- An Autobiography of Trauma: A Healing Journey, Peter A. Levine
- How To Decode Trauma, Trauma Super Conference 4 Conscious Life
- Moving Beyond Inner Defenses, Dr. Richard Schwartz
- Five Levels of Compassion, Dr. Gabor Mate
- Applied Polyvagal Theory for Trauma Healing, Dr. Arielle Schwartz
- Cultivating Self-Empathy, Dr. Judith Orloff, MD
- Exploring Psychedelics, Alexander Beiner
- Using the Change Triangle to Integrate Trauma, Hilary Jacobs Hendel
- Transforming Through the Body, Strozzi Institute, Dr. Peter Hamill
- Allies, Accomplices and Co-Conspirators: Challenges, Opportunities and the Way Forward, Saskatchewan Association of Black Social Workers
- Non-Suicidal Self-Injury in Children and Teens, Institute for Human Services, Colombus, Ohio, Laura Gaines, MSW, LCSW
- Cultivating Deep Resilience, Strozzi Institute, Michael Kalikow
- Advocating for Our Ethics: A Transformative Approach, NS College of Social Workers
- Healing Intergenerational Trauma, Trauma Solutions, Rabbi Dr. Tirzah Firestone and Diane Poole Heller
- The Evolving Map for Trauma Healing, Thomas Hubl
- How to Identify and Treat the Invisible Wounds of Neglect, National Institute for the Clinical Application of Behavioral Medicine
- How To Identify and Treat Dissociation, National Institute for the Clinical Application of Behavioral Medicine

Webinars 2025

- Healing the Body's Response to Attachment Trauma, Peter Levine
- Ethical Marketing for Clinical Specialists, NSCSW

- Depathologizing Suicide, NSCSW
- A History of Violence: The Legacy of Environmental Racism in Canada, Dr. Ingrid Waldron
- Kingdom Keys Master Class: Unlocking Prophecy, Dreams and the Angelic Realm, Kalik Pratico

PRESENTER OF GROUPS, WORKSHOPS, RESEARCH:

- Communication: Awareness of Self and Others Workshop. 1991
- Therapeutic Recovery Group for Adult Children of Dysfunctional Families. 1996
- Divorce Care: Recovering from Separation and Divorce Group. 1997
- Integrating Adoption for Children Group. 1998
- Attachment and Bonding in Adoption Presentation. 1999
- Conflict Resolution: Speaking Truth in Love Presentation. 2004
- Adult Protection Education for Tele Health Professionals. 2007
- Correctional Service Canada National Mental Health and Fetal Alcohol Spectrum Disorder Training. 2008
- Preventing Criminalization of People with Mental Health: Problems Using Community-Based Action Research. Nova Scotia Health Research Foundation. Grass, C (PI), Hughes, J. (Co-PI), Kaiser, A., Bayers, L., Tooton, C., Singer, S., Philips, D., Jollota, B. and Bell, J. April 2009-March 2010.
- S.P.A.R.C.S (Structured Psychotherapy for Adolescents Recovering from Chronic Stress) Group. November 2009- March 2010
- Parenting in the Eye of the Hurricane Group. IWK Health Centre, 2011
- The Mourning Breaks: Boys to Men the Neglected Victims of Sexual Abuse, The Nova Scotia Department of Community Services, Presenter, 2011
- Young Men's Work: Breaking the Cycle of Violence Group, IWK Health Centre. 2011
- Healthy Equity Forum on Domestic Violence, The Nova Scotia Department of Health and Wellness, Presenter, March 2012
- Parenting in the Eye of the Storm: Becoming Trauma Informed, IWK Health Centre, 2012, 2015
- San Diego International Conference on Child and Family Maltreatment, Young Men's Work: Breaking the Cycle of Violence, Presenter, 2013
- CBC Information Morning, Presenter, National Victims of Crime Awareness Week 2013
- Global Television, Presenter, National Victims of Crime Awareness Week 2013
- CTV, Presenter, National Victims of Crime Awareness Week 2013
- Focusing On Solutions: Trauma Informed Systems Of Care, Presenter, Nova Scotia Association of Professional Social Workers 50th Annual General Meeting, 2013

- Community Justice Society, Presenter, National Victims of Crime Awareness Week, 2013
- Trauma Informed Caregiving Practices, NS Dept. Of Community Services, Session Presenter, 2014
- High Risk Teens: Helping Youth with Histories of Maltreatment, Neglect, Trauma and Other Negative Life Events Build Resourcefulness and Resilience, Nova Scotia Council for the Family, Panel Presenter, 2014
- Responding to Child and Youth Maltreatment: Collaboration, Coordination and Compassion, Seastar Child and Youth Advocacy Centre Demonstration Project, Session Presenter, 2014
- The National Justice Society of Canada: Complex Trauma, Presenter 2017
- The Nova Scotia Family and Criminal Court Judges: Complex Trauma, Presenter 2017
- Dalhousie University School of Social Work: Complex Trauma, Presenter 2017
- Dalhousie University School of Social Work Documentary: I Work For Change, Panel Presenter, 2017
- Nova Scotia College of Social Workers 50th Anniversary Conference: Young Men's Work: Breaking the Cycle of Violence, 2017
- Canadian National Domestic Violence Conference 5: Young Men's Work: Breaking the Cycle of Violence, 2018
- Diverse Voices Family Violence Conference: Young Men's Work: Breaking the Cycle of Violence 2018
- The Canadian Bar Association Nova Scotia Branch: Restorative Conversations 2019
- Mental Illness From The Sidelines, Pamela Bishop and Shireen V Singer, Friesen Press
- Bridging The Decades: The Story of the Interagency Committee on Domestic Violence, Youtube Documentary

EXPERIENCE:

FIELD INSTRUCTOR
DALHOUSIE UNIVERSITY SCHOOL OF SOCIAL WORK
HALIFAX, NOVA SCOTIA 2011-2022

This position offers Masters of Social Work Candidates opportunities to develop analysis and competence in Social Work practice, incorporating academic content, practice knowledge, socio-political analyses, values and ethics of the profession and critical self-reflection. The Field Instructor evaluates student performance during the practicum.

FIELD INSTRUCTOR UNIVERSITY OF VICTORIA SCHOOL OF SOCIAL WORK, VICTORIA, BRITISH COLUMBIA 2022

This position assists Masters of Social Work Candidates opportunities to link Social Work theory to practice developing ethical practice frameworks. The Field Instructor evaluates student performance during the practicum.

CLINICAL THERAPIST
SUSPECTED TRAUMA AND ABUSE RESPONSE TEAM
IWK HEALTH 2009-2024

This position provides individual, group, and family trauma therapy to maltreated children and youth throughout the Maritimes up to the age of 19 years who have suffered physical, emotional, sexual, abuse and/or neglect as well as domestic violence. This position responds to requests for public education on childhood trauma and maltreatment.

CLINICAL SOCIAL WORKER
COMMUNITY MENTAL HEALTH INITIATIVE
CORRECTIONAL SERVICE CANADA 2007-2009

This position provided service delivery to mentally disordered offenders offering them a wide range of services to assist in their successful reintegration from Federal Correctional Institutions to the community. This position delivered national mental health and Fetal Alcohol Spectrum Disorder training to correctional staff and community partners working with mentally disordered offenders. This position responded to education requests from the mental health and criminal justice communities.

ADULT PROTECTION SOCIAL WORKER
NOVA SCOTIA DEPARTMENT OF HEALTH 2002-2007

This position investigated and assessed adults 16 years of age and over who lacked the ability to adequately care and fend for themselves protecting them from abuse and neglect. This position solicited and evaluated information concerning indicators of client capability including cognitive functioning and ability to give informed consent, family functioning, and assessed safety to determine whether danger or substantial risk of danger existed. This position involved case planning and counselling to eliminate abuse or neglect and involved petitioning the court for protection intervention and placement. It involved the preparation and filing of affidavits and preparing clients and witnesses for hearings. It also involved the maintaining of accurate case records of assessments, activities and plans as well as the management of the Adult Protection yearly budget. The Adult Protection Social Worker served as a consultant to a variety of multi-disciplinary professionals and responded to public education requests from the community.

CLINICAL SOCIAL WORKER
HOME OF THE GUARDIAN ANGEL **1983-2002**

This position provided counselling services to children, adolescents and their families including pregnancy options, single parenting, psycho-social-education, post-placement services to birth and adoptive families, assessment and preparation of prospective adoptive families as well as responding to requests for public education.

PRIVATE PRACTICE CONTRACT THERAPIST
CORRECTIONAL SERVICE CANADA **1983-2001**

This position provided forensic counselling and consulting services to federal and provincial offenders as well as parole officers responsible for their supervision and management of risk while in the community. Treatment focus included assessment and management of the offender's risk and need. Working closely with parole officers, the therapist offered insight into the life history and personality traits of offenders that predisposed them to criminal acting out. The therapist also provided an analysis of the specific dynamic conditions or precipitating facts that preceded offending. Therapeutic intervention included substance use, anger management, depression, anxiety, personality disorders, learning disabilities, assertiveness training, teaching pro-social skills, enhancing self-esteem, values clarification, family violence, problem solving and decision making, empathy deficits, impulse deficits, impulse control, complicated mourning, suicide intervention, self-harm, victims issues, relationships and co-dependency, employment and vocational issues.

PRIVATE PRACTICE CONTRACT THERAPIST
VICTIMS SERVICES, CRIMINAL INJURIES COUNSELLING PROGRAM
NOVA SCOTIA DEPARTMENT OF JUSTICE **1994-Present**

This position provides counselling services to children and adult victims of crime. Treatment goals are reached through the establishment of a therapeutic relationship, provision of psycho-educational and normative information about post-traumatic stress, grief, loss and complicated mourning. Intervention focuses not only on the cardinal symptoms of post-traumatic stress but also on defences erected against the symptoms such as distancing and distortion, behaviours used to control the symptoms such as acting out, self-medication through substance abuse, skills required to implement alternative responses to the symptoms and promote healthy post-traumatic existence, assertiveness, and problem solving. The therapist assists the victim in recollecting and integrating traumatic memories into a new identity along with which the survivor adapts to, reconnects to and reinvests in a revised assumptive and external world.

PRIVATE PRACTICE CONTRACT THERAPIST
NOVA SCOTIA DEPARTMENT OF JUSTICE COURT SERVICES 1994-Present

Completion of court ordered Parenting Assessments and Voice of Child reports.

PRIVATE PRACTICE CONTRACT THERAPIST
STRATTON PROJECT
NOVA SCOTIA DEPARTMENT OF JUSTICE 1996-1999

This position provided counselling services to offender/victims of physical/emotional/ sexual abuse while in the care of provincial institutions. Counselling focused on issues of attachment and bonding, identity confusion, substance use, self-esteem, anger/ ambivalence, affect/impulse regulation, attention/consciousness, self- perception, family systems, relationships with others, systems of meaning, values/beliefs clarification, complicated mourning, and future visioning.

PRIVATE PRACTICE CONTRACT THERAPIST
LIFE CENTRE MINISTRIES 1996-2001

This position provided counselling services primarily to couples. Treatment focused on changing maladaptive patterns and building secure emotional bonds. To assist the couple to gain insight into the relationship distress, particular focus was given to emotional responses and rigid, self-reinforcing patters of interaction. The therapeutic goal was to help couples expand the emotional responses that primed their interactions and to structure interactions that facilitated secure bonding and emotional engagement. Couples learned to consistently look within and between at how they construct context and how context influences them. Adult love was seen in attachment terms focusing upon the partner's needs for comfort, caring, safety and contact.

PRIVATE PRACTICE CONTRACT THERAPIST AND
EMPLOYEE ASSISTANCE SERVICE PROVIDER PRESENT

Nova Scotia Department of Community Services
Mi'kmaq Family and Children's Services
Homewood Health Employee Assistance Program
All One Health
Health Canada Employee Assistance Program
Departments of National Defence and Veterans Affairs

DIRECTOR
METRO GROUP HOMES **1979-1982**

This position involved responsibility for the facility and overall well being of the residents. The model of practice within the facility consisted of a team oriented approach, teaching and modelling life, social, employment skills as well as individual and group counselling for post mentally ill adults. This position was responsible for the implementation of the yearly budget, case management and human resources.

MEDICAL SOCIAL WORKER
VICTORIA GENERAL HOSPITAL **1978**

This position involved giving the entire health care team a better understanding of the patient in relation to the social/psychological environment, individual and family counselling to assist in the management of illness and/or residual disability, problem solving, decision making, and discharge planning.

SOCIAL WORKER (FIELD PLACEMENT)
C.F.B. STADACONA ALCOHOL COUNSELLING CLINIC **1979**

This position involved individual, couple, and small group counselling for addictions treatment.

SOCIAL WORKER (FIELD PLACEMENT)
GEORGE P. VANIER JUNIOR HIGH SCHOOL **1979**

This position involved individual, family, vocational counselling and guidance as well as the design and teaching of a course to enhance self-concept in the classroom.